

Shelter Valley Cowl

This quick unisex cowl is great for gift-giving. Knit on the reverse, it's easy to make and cosy to wear whichever side you choose to show – inside, outside, or even upside down!

Materials

Biscotte et Cie La Grande Douce (80% superwash merino wool, 10% cashmere, 10% nylon, 202 yards, 115g), 1 skein (www.biscottcie.com)

4.0mm 16" circular or double point needles, or size to obtain gauge
stitch marker
darning needle

Gauge

18 sts, 27 rows = 4" in stocking st, after blocking

Finished Dimensions

19.5" circumference, 6" long

Abbreviations

K: knit.

P: purl.

ssk: slip the next two sts as if to knit, then knit them together.

st(s): stitch(es).

yo: yarn over.



Directions

Using 4.0 mm circular needles, cast on 108 sts, place marker, and join to work in the round.

Bottom Border

Rounds 1, 2: *K1, P1; repeat from * to end of round.

Rounds 3, 4: *P1, K1; repeat from * to end of round.

Body

Round 1: *K4, yo, ssk; repeat from * to end of round.

Rounds 2-6: *K4, P1, K1; repeat from * to end of round.

Round 7: *K1, yo, ssk, K3; repeat from * to end of round.

Rounds 8-12: *K1, P1, K4; repeat from * to end of round.

Repeat Rounds 1-12 twice more.

Top Border

Rounds 1, 2: *P1, K1; repeat from * to end of round.

Round 3: *K1, P1; repeat from * to end of round.

Round 4: Cast off, following the K1, P1 stitch pattern established in Round 3.

Finishing

Cut an 8-10" tail, run in ends and block. Turn it inside out or leave it as is, and enjoy!

